

[TITLE OF DOCUMENT] SPECIFICATION  
[TITLE OF THE INVENTION] POLYNUCLEOTIDE  
PARTICIPATING IN RHEUMATOID ARTHRITIS AND  
UTILIZATION OF THE SAME  
[CLAIMS]

[CLAIM 1]

A polynucleotide which comprises the base sequence of SEQ ID NO: 1 and includes a promoter region of DR3 gene associated with RA,

wherein the base sequence from base 170 to 175 of the polynucleotide constitutes a TCCTCC motif that is associated with transcription activity, and wherein allele-specific methylation occurs in some of CpG sequences that occur subsequent to the TCCTCC motif.

[CLAIM 2]

A polynucleotide as set forth in Claim 1, wherein allele-specific methylation occurs in CpG sequences located from -380 bp to -180 bp relative to a translation initiation point of the DR3 gene.

[CLAIM 3]

A polynucleotide as set forth in Claim 1, wherein allele-specific methylation occurs in CpG sequences

located from -380 bp to -180 bp relative to a translation initiation point of the DR3 gene, and wherein CpG sequences downstream to -180 bp are either methylated or unmethylated.

[CLAIM 4]

A determining kit for determining development of RA or the likelihood of developing RA, wherein a comparison is made in regard to methylation state between a DR3 gene promoter region obtained from synovial cells and a DR3 gene promoter region obtained from peripheral blood lymphocytes,

said kit comprising methylation-specific primers and unmethylation-specific primers, which are used to determine the presence or absence of methylated cytosines in at least part of a polynucleotide constituting the DR3 gene promoter region.

[CLAIM 5]

A determining kit as set forth in Claim 4, wherein the methylation-specific primers and the unmethylation-specific primers are designed to amplify at least the base sequence from base 374 to 564 of the base sequence set forth in SEQ ID NO: 1.

## [CLAIM 6]

A determining kit as set forth in Claim 4 or 5, wherein the kit determines that the subject has developed RA or has the likelihood of developing RA when the DR3 gene promoter region obtained from the synovial cells is more strongly methylated than the DR3 gene promoter region obtained from the peripheral blood lymphocytes, or when the DR3 gene promoter region obtained from the synovial cells is confirmed to be strongly methylated.

## [CLAIM 7]

A method for determining development of RA or the likelihood of developing RA, comprising:

comparing a methylation state of a DR3 gene promoter region obtained from synovial cells with a methylation state of a DR3 gene promoter region obtained from peripheral blood lymphocytes, or confirming that the DR3 gene promoter region obtained from the synovial cells is strongly methylated.

## [CLAIM 8]

A method as set forth in Claim 7, further comprising:  
a DNA converting step of converting unmethylated

cytosines to uracils in CpG sequences contained in the DR3 gene promoter region obtained from the synovial cells, and the DR3 gene promoter region obtained from the peripheral blood lymphocytes, by treating the respective DR3 gene promoter regions with a bisulfite-containing reagent;

a DNA amplifying step of amplifying the DR3 gene promoter regions, after the treatment in the DNA converting step, by a polymerase chain reaction using methylation-specific primers or unmethylation-specific primers;

a methylation-state detecting step of detecting a methylation state of the DR3 gene promoter regions by detecting whether the polymerase chain reaction in the DNA amplifying step using the methylation-specific primers or the unmethylation-specific primers has amplified the DR3 gene promoter regions; and

a comparing step of comparing the DR3 gene promoter region obtained from the synovial cells with the DR3 gene promoter region obtained from the peripheral blood lymphocytes, in regard to the methylation state of the DR3 gene promoter A regions detected in the methylation-state detecting step, or a confirming step of confirming that the DR3 promoter region obtained from

the synovial cells is strongly methylated.

[CLAIM 9]

A method as set forth in Claim 7 or 8, wherein the method determines that the subject has developed RA or has the likelihood of developing RA when the DR3 promoter region obtained from the synovial cells is more strongly methylated than the DR3 promoter region obtained from the peripheral blood lymphocytes.

[CLAIM 10]

A medicament for treating RA, which comprises a DR3 gene whose promoter region is part of the polynucleotide of any one of Claims 1 through 3.

[CLAIM 11]

A medicament for treating RA as set forth in Claim 10, which is administered to the synovial cells of RA patients.

## [DETAILED DESCRIPTION OF THE INVENTION]

## [INDUSTRIAL FIELD OF THE INVENTION]

The present invention relates to a polynucleotide associated with development of rheumatoid arthritis, and a method and kit for determining development of rheumatoid arthritis or the likelihood of developing rheumatoid arthritis. The invention also relates to a medicament for treating rheumatoid arthritis, using the polynucleotide.

## [PRIOR ART]

Rheumatoid arthritis (hereinafter referred to as "RA") is a systemic inflammatory disorder of unknown etiology, often characterized by frequent occurrence of erosive arthritis and also involving disorders in multiple organs. RA chronically progresses by repeating a cycle of remission and exacerbation, and, if untreated, causes destruction or deformation of joints, which eventually leads to functional disabilities in motor organs and sometimes death. Therefore, RA causes huge physical and psychological pain throughout the life of a patient.

RA develops in a variety of ways, and the guidelines proposed by the American College of Rheumatology are widely used for the diagnosis. However, RA usually develops gradually over the course of several weeks to

several months, and the percent positive for the rheumatoid factor, which is used as an objective measure of RA diagnosis according to the foregoing guidelines, is only about 33% within 3 months and does not go beyond 88% even within 12 months or longer (see Non-Patent Document 1). That is, there is inaccuracy in RA diagnosis. In view of this, there have been attempts to diagnosis RA by detecting RA-associated anti-IgM antibody that reacts with a recombinant antigen in the serum of a patient (see Patent Document 1).

Further, the treatment of RA generally follows different paths depending upon the progress of the pathology. In the early stage of RA where the diagnosis is generally premature, the treatment involves administration of non-steroidal anti-inflammatory drugs (NSAID). This is followed by additional administration of disease-modifying antirheumatic drugs (DMARD), once the diagnosis becomes definitive. Specifically, in the initial stage of RA development where definitive diagnosis cannot be made easily, the treatment begins with the administration of NSAID, and while carefully monitoring the progress, an evaluation is made to distinguish whether the patient is actually suffering from RA or other rheumatoid disorders including collagenosis. If the

symptoms progress, steroid drugs may be administered, and the drug therapy for relieving pain is performed in combination with physical therapy and device therapy, which are intended to maintain and restore the joint functions. Surgery may be performed if daily living activities were disabled by damaged joints.

As described in Patent Document 2, the inventors of the present invention have performed linkage analysis on RA patients and their kin group using micro satellite markers, and specified 3 loci for RA genes. Specifically, the following affected genes have been identified.

(1) RA gene located on human chromosome 1 within  $\pm 1$  centiMorgan of the DNA sequence that hybridizes with micro satellite marker D1S214 and/or D1S253

(2) RA gene located on human chromosome 8 within  $\pm 1$  centiMorgan of the DNA sequence that hybridizes with micro satellite marker D8S556

(3) RA gene located on human X chromosome within  $\pm 1$  centiMorgan of the DNA sequence that hybridizes with micro satellite marker DXS1001, DXS1047, DXS1205, DXS1227, and/or DXS1232.

Further, as described in Non-Patent Document 2, the inventors of the present invention, from the RA-associated



genes of the prior invention, has identified death receptor 3 ("DR3" or "DR3 gene") as a candidate for the RA-associated gene for markers D1S214 and D1S253 as set out in (1) above. Concerning DR3, the inventors have confirmed restriction fragment length polymorphism between healthy subjects and RA patients, and suggested the possibility that DR3 might be a gene associated with RA.

In Patent Document 3, the inventors of the present invention have suggested that genomic mutation in DR3 gene might be related to onset of RA (chronic RA).

Patent Document 1

Japanese Laid-Open Patent Publication No.  
10-513257 (published on December 15, 1998)

Patent Document 2

International Publication WO98/51791 (published on  
November 19, 1998)

Patent Document 3

International Publication WO02/34912 (published on  
May 2, 2002)

Non-Patent Document 1

Treatment, Vol. 73, No. 3, pp. 23-27, 1991

Non-Patent Document 2

Rheumatism, Vol. 39, No. 2, pp. 444-445, 1999

[PROBLEMS TO BE SOLVED BY THE INVENTION]

In higher eukaryotes, methylation is known to occur in portions of genomic DNA sequence with 5'-CG-3' (hereinafter, "CpG" or "CpG sequence"), whereby the cytosine (C) on the 5' end side of guanosine (G) is methylated. The methylation in CpG is believed to have influence on the gene expression, particularly when CpG-rich regions exist within the promoter region of the gene.

As a rule, many genes on the chromosomes are protected from methylation. However, gene transcription is suppressed if, for some reason, methylation occurs in CpG-rich regions in the promoter region. From this, it can be speculated that the effect of CpG methylation on gene expression can impede proper gene activity and cause disease.

However, the methylation state of CpG needs to be studied further for DR3, a possible candidate for RA-associated gene.

An object of the present invention is to analyze the methylation state of CpG sequences in the promoter region of DR3, and provide a polynucleotide that is useful for

revealing the onset mechanism of human rheumatoid arthritis. Another object of the invention is to provide a kit and method for accurately determining development of human RA or the likelihood of developing human RA. The invention also provides a medicament that is effective for the treatment of RA patients with abnormal DR3 gene activity.

[MEANS TO SOLVE THE PROBLEMS]

In order to achieve the foregoing objects, the inventors of the present invention analyzed the human genome in regard to the DNA methylation in the upstream region (including the promoter region) of the translation initiation point of DR3 gene associated with RA. It was found as a result that allele-specific methylation occurs in CpG sequences located about -380 to -180 bp upstream from the translation initiation point of DR3 gene (ATG). It was further found that the CpG sequences downstream from such translation initiation point of DR3 genes originating in the peripheral blood lymphocytes of healthy subjects and RA patients were all unmethylated, while methylated and unmethylated sequences were both observed in DR3 gene originating in the synovial cells of RA patients.

Further, sequencing of the upstream region of the

translation initiation point revealed that a TCCTCC motif exists in the vicinity of -380 bp, and that the allele-specific methylation in the CpG sequences begins in the vicinity of the TCCTCC motif. The present invention was accomplished based on these findings.

Specifically, a polynucleotide according to the present invention comprises the base sequence of SEQ ID NO: 1 and includes a promoter region of DR3 gene associated with RA, wherein the base sequence from base 170 to 175 of the polynucleotide constitutes a TCCTCC motif that is associated with transcription activity, and wherein allele-specific methylation occurs in some of CpG sequences that occur subsequent to the TCCTCC motif.

As used herein, "allele-specific methylation" is intended to mean that methylation occurs specific to the CpG sequences in one of the alleles.

In a polynucleotide according to the present invention, CpG sequences located downstream to -180 bp relative to a translation initiation point of the DR3 gene (base 374 and the subsequent bases in the base sequence of SEQ ID NO: 1) are either methylated or unmethylated. An example of such a polynucleotide is the promoter region of DR3 gene originating in the synovial cells of RA

patients.

Further, in a polynucleotide according to the present invention, the allele-specific methylation occurs in CpG sequences located from -380 bp to -180 bp relative to a translation initiation point of the DR3 gene (from base 174 to 373 in the base sequence of SEQ ID NO: 1), and wherein CpG sequences downstream to -180 bp (base 374 and the subsequent bases in the base sequence of SEQ ID NO: 1) are either methylated or unmethylated. An example of such a polynucleotide is the promoter region of DR3 gene originating in the peripheral blood lymphocytes of healthy subjects, or the promoter region of DR3 gene originating in the peripheral blood lymphocytes and synovial infiltrating lymphocytes of RA patients.

A determining kit according to the present invention is for determining development of RA or the likelihood of developing RA, wherein a comparison is made in regard to methylation state between a DR3 promoter region obtained from synovial cells and a DR3 promoter region obtained from peripheral blood lymphocytes, and a characteristic of the kit is to include methylation-specific primers and unmethylation-specific primers, which are used to determine the presence or absence of methylated cytosines

in at least a part of a polynucleotide constituting the DR3 promoter region.

As used herein, the "likelihood of developing RA" is a potential risk of developing RA. The greater the likelihood, the greater the risk of developing RA, and the smaller the likelihood, the smaller the risk of developing RA.

In a determining kit according to the present invention, it is preferable that the methylation-specific primers and the unmethylation-specific primers be designed to amplify at least the base sequence from base 374 to 564 of the base sequence set forth in SEQ ID NO: 1. Base 336 to 564 of the base sequence in SEQ ID NO: 1 are promoter region for DR3 gene, and base 374 to 592 of the base sequence in SEQ ID NO: 1 are C region mentioned below.

With a determining kit according to the present invention, it is possible to determine that the subject has developed RA or has the likelihood of developing RA, when the DR3 promoter region obtained from the synovial cells is more strongly methylated than the DR3 promoter region obtained from the peripheral blood lymphocytes, or when the DR3 promoter region obtained from the synovial cells is strongly methylated.

According to the present invention, there is provided a method for determining development of RA or the likelihood of developing RA, the method including: comparing a methylation state of a DR3 promoter region obtained from synovial cells with a methylation state of a DR3 promoter region obtained from peripheral blood lymphocytes, or confirming that the DR3 promoter region obtained from the synovial cells is strongly methylated.

A method according to the present invention may further include: a DNA converting step to convert unmethylated cytosines into uracils in CpG sequences contained in the DR3 promoter region obtained from the synovial cells, and the DR3 promoter region obtained from the peripheral blood lymphocytes, by treating the respective DR3 promoter regions with a bisulfite-containing reagent; a DNA amplifying step to amplify the DR3 promoter regions, after the treatment in the DNA converting step, by a polymerase chain reaction using methylation-specific primers or unmethylation-specific primers; a methylation-state detecting step to detect a methylation state of the DR3 promoter regions by detecting whether the polymerase chain reaction in the DNA amplifying step using the

methylation-specific primers or the unmethylation-specific primers has amplified the DR3 promoter regions; and a comparing step to compare the DR3 promoter region obtained from the synovial cells with the DR3 promoter region obtained from the peripheral blood lymphocytes, in regard to the methylation state of the DR3 promoter A regions detected in the methylation-state detecting step, or a confirming step to confirm that the DR3 promoter region obtained from the synovial cells is strongly methylated.

An example of the promoter region of DR3 gene is a polynucleotide with the base sequence from base 336 to 564 in the base sequence of SEQ ID NO: 1.

With a method according to the present invention, it is possible to determine that the subject has developed RA or has the likelihood of developing RA, when the DR3 promoter region obtained from the synovial cells is more strongly methylated than the DR3 promoter region obtained from the peripheral blood lymphocytes.

A medicament for treating RA according to the present invention includes a DR3 gene whose promoter region is part of a polynucleotide wherein CpG sequences located from -380 bp to -180 bp relative to the translation



initiation point of DR3 gene are either methylated or unmethylated, and CpG sequences downstream to -180 bp are unmethylated.

Preferably, the medicament is administered to the synovial cells or synovial infiltrating lymphocytes of RA patients.

As used herein, "A", "C", "G", and "T" denote adenine, cytosine, guanine, and thymine, respectively, unless otherwise noted.

#### [EFFECTS OF THE INVENTION]

A polynucleotide according to the present invention can advantageously be used to elucidate the mechanism of human RA development. Further, a polynucleotide according to the present invention is useful for the diagnosis of RA and the determination of likelihood of RA development. A polynucleotide according to the present invention can also be used as a medicament for treating RA.

With a kit and method for diagnosis of RA according to the present invention, it is possible to accurately and conveniently determine whether a subject has developed RA or has the likelihood of developing RA. The present invention is therefore useful for the prevention and

treatment of RA.

#### [EMBODIMENTS]

The following will describe the present invention in detail. It should be appreciated that the present invention is not limited in any way by the following description.

#### [1] Polynucleotide of the Present Invention

A polynucleotide according to the present invention comprises the base sequence of SEQ ID NO: 1 and includes a promoter region of a rheumatoid arthritis-associated gene DR3. In the polynucleotide, the base sequence from base 170 to 175 comprises a TCCTCC motif associated with transcription activity, and some of the CpG sequences subsequent to the TCCTCC motif are modified by allele-specific methylation.

The base sequence of SEQ ID NO: 1 covers a region upstream of the translation initiation point of DR3, which is one of the rheumatoid arthritis-associated genes originating in human genome as described in Non-Patent Document 2, and +39 bp downstream of the translation initiation point (covering from -553 bp upstream to -1 bp downstream of the translation initiation point, by taking the adenine of the translation initiation point (ATG) as a reference at +1 bp (hereinafter, may be referred to as

“upstream region of DR3”)). By a study conducted by the inventors of the present invention, the sequence “TCCTCC” covering from -379 bp to -384 bp in the upstream region of DR3 (base 170 to 175 of SEQ ID NO: 1) was found to constitute a TCCTCC motif associated with the transcription activity of DR3 gene. It was also found that some of the CpG sequences subsequent to the TCCTCC motif were modified by allele-specific methylation.

As used herein, “subsequent to the TCCTCC motif” is intended to mean a region downstream (toward the 3' end) of a TCCTCC motif portion of a polynucleotide of the present invention.

Figure 1 represents a base sequence of a polynucleotide according to the present invention. The base sequence shown in Figure 1 includes part of the base sequence subsequent to the DR3 gene translation initiation point constituting exon 1 of DR3 gene. Figure 1 also illustrates CpG sequences, the TCCTCC motif (shown as “transcription factor Sp1 binding factor”), the translation initiation point, a promoter region, and exon 1.

As shown in Figure 1, a polynucleotide according to the present invention includes a multiplicity of CpG

sequences. Some of the CpG sequences are methylated. In the polynucleotide sequence set forth in SEQ ID NO: 1, a region from base 1 to 173 is designated as A region, a region from base 174 to 373 B region, and a region from base 374 to 592 C region. In the base sequence shown in Figure 1, the area surrounded by solid lines (corresponding to base 336 to 564 in the base sequence of SEQ ID NO: 1) is a region identified as a promoter in the analysis performed with a promoter inspector. The promoter partially overlaps the C region. The area surrounded by broken lines is exon 1.

Figure 2 shows a structure of the polynucleotide having the base sequence of Figure 1. More specifically, Figure 2 schematically illustrates a structure of a region located upstream of the translation initiation point of DR3 gene. Among the polynucleotide elements shown in Figure 2 are CpG sequences, TCCTCC motif, exon 1, translation initiation point (ATG), and A, B, and C regions. As shown in Figure 2, the promoter region of DR3 gene substantially coincides with C region.

The polynucleotide shown in Figures 1 and 2, i.e., the polynucleotide having the base sequence of SEQ ID NO: 1 includes CpG sequences at base 2, 3, 5, 6, 34, 35,

65, 66, 88, 89, 92, 93, 137, 138, 151, 152, 187, 188, 189, 190, 196, 197, 251, 252, 258, 259, 270, 271, 300, 301, 317, 318, 322, 323, 324, 325, 344, 345, 350, 351, 374, 375, 395, 396, 401, 402, 411, 412, 415, 416, 421, 422, 431, 432, 435, 436, 442, 443, 453, 454, 456, 457, 459, 460, 461, 462, 466, 467, 475, 476, 479, 480, 481, 482, 493, 494, 501, 502, 504, 505, 517, 518, 523, 524, 538, 539, 542, 543, 545, 546, 563, 564, 567, 568, 569, 570, 577, 578, 579, 580, 582, 583, 588, 589, 591, and 592.

The inventors of the present invention obtained sequences of the upstream region of DR3 gene from DNA extracted from peripheral blood lymphocytes and synovial cells of healthy subjects and RA patients. These sequences were analyzed in regard to the methylation state of CpG sequences in A, B, and C regions.

In A region, the result showed methylation in all of the CpG sequences in both healthy subjects and RA patients. In B region, methylated CpG sequences and unmethylated CpG sequences coexisted both in healthy subjects and RA patients.

In C region, none of the CpG sequences in the upstream region of DR3 gene were methylated in samples obtained from the peripheral blood lymphocytes of healthy

subjects and RA patients. In samples obtained from the synovial cells of RA patients, the upstream region of DR3 region in C region contained both methylated and unmethylated CoG sequences as in B region.

It can be said from these results that the base sequence in the upstream region of DR3 gene, obtained from the synovial cells of RA patients is one specific example of a polynucleotide of the present invention. Such polynucleotide has the base sequence of SEQ ID NO: 1, and includes allele-specifically methylated CpG sequences from -380 bp to -180 bp (B region), and methylated and unmethylated CpG sequences in a region downstream of -180 bp (C region), relative to the translation initiation point of DR3.

The base sequence in the upstream region of DR3 gene, obtained from the peripheral blood lymphocytes of healthy subjects, the synovial cells of RA patients, or peripheral blood lymphocytes of RA patients is another specific example of a polynucleotide of the present invention. Such polynucleotide has the base sequence of SEQ ID NO: 1, and includes allele-specific methylation in CpG sequences located from -380 bp to -180 bp (B region), and is unmethylated for all of the CpG sequences in a

region downstream of -180 bp (C region), relative to the translation initiation point of DR3. The polynucleotide originating in the synovial cells of RA patients has the base sequence of SEQ ID NO: 1, and includes allele-specifically methylated CpG sequences from -380 bp to -180 bp (B region), and methylated and unmethylated CpG sequences in a region downstream of -180 bp (C region), relative to the translation initiation point of DR3.

The foregoing results suggest that a polynucleotide of the present invention has important roles in the expression of DR3 gene. Therefore, a polynucleotide of the present invention can advantageously be used to elucidate the mechanism of RA onset, much of which is unknown. Further, a polynucleotide of the present invention may be useful for the diagnosis of RA, determination of the likelihood of developing the disease, and the treatment of RA.

[2] A Method for Determining Development of RA or the Likelihood of Developing RA according to the Present Invention

A method for determining development of RA or the likelihood of developing RA according to the present invention is to compare the promoter regions of DR3 gene

in regard to the methylation state between samples obtained from the synovial cells and the peripheral blood lymphocytes.

The promoter region of DR3 gene may be any conventionally known as a promoter region of DR3 gene. One example is a base sequence from base 336 to 564 in the base sequence of SEQ ID NO: 1.

As to the methylation state in the promoter region of DR3 gene, samples obtained from the peripheral blood lymphocytes of healthy subjects had all of the CpG sequences unmethylated, as described above. In RA patients, the promoter region of DR3 gene showed stronger methylation in samples obtained from the synovial cells than in samples obtained from the peripheral blood lymphocytes.

A method for determining development of RA or the likelihood of developing RA according to the present invention is based on these results. Specifically, the method determines that a subject has developed RA or is likely to develop RA when the promoter region of DR3 gene shows stronger methylation in samples obtained from the synovial cells than in samples obtained from the peripheral blood lymphocytes.



With regard to the extraction of DNA from the synovial cells of the subject and obtainment of the promoter region of DR3 gene in the determining method according to the present invention, any conventionally known method of purifying target genes can be used.

In a study conducted by the inventors of the present invention, the inventors have found out that the methylation state in the promoter region of DR3 gene was different between samples obtained from the synovial cells of RA patients and that obtained from the synovial cells of healthy subjects. Based on this finding, as a method for determining development of RA or the likelihood of developing RA according to the present invention, it is possible to detect a methylation state in the promoter region of DR3 gene in samples obtained from the synovial cells, and decide that the subject has not developed RA or has a low likelihood of developing RA when none of the CpG sequences is methylated, and that the subject has developed RA or has a high likelihood of developing RA when the promoter region includes unmethylated and methylated CpG sequences.

This method is slightly less accurate than the method in which the promoter regions of DR3 gene are

compared in regard to the methylation state between peripheral blood lymphocytes and synovial cells. However, since the method does not require obtaining the promoter region of DR3 gene from the peripheral blood lymphocytes, the method simplifies the sample collecting procedure and is therefore able to conveniently determine whether the subject has developed RA or has the likelihood of developing RA.

Conventional methods can be used to detect a methylation state in the CpG sequences of the polynucleotide. Some of the examples include: bisulfite genomic sequencing method (see Clark SJ, Harrison J, Paul CL, and Frommer M. High sensitivity mapping of methylated cytosines. *Nucleic Acids Res* 22, 2990-2997 (1994)), and an MSP method (methylation specific PCR method) (see Harman JG, Graff JR, Myohanen S et al. Methylation-specific PCR: A novel PCR assay for methylation state of CpG islands. *Proc Natl Acad Sci* 93, 9821-9826 (1996)).

The following Section (3) describes one specific implementation of the method that detects a methylation state of the CpG sequences. In this example, the MSP method was used.

[3] A Kit for Determining Development of RA or the Likelihood of Developing RA

A determining kit according to the present invention is characterized to compare promoter regions of DR3 gene in regard to the methylation state, wherein the comparison is made between samples obtained from the synovial cells and samples obtained from the peripheral blood lymphocytes, so as to determine development of RA or the likelihood of developing RA. The determining kit includes methylation-specific primers and unmethylation-specific primers, which are used to determine the presence or absence of methylated cytosines in at least part of the polynucleotide constituting the promoter region of DR3 gene.

As used herein, "at least part of the polynucleotide constituting the promoter region of DR3 gene" is intended to mean at least part of the upstream region of DR3 gene associated with human RA. The polynucleotide may be, for example, part of a polynucleotide having the base sequence of SEQ ID NO: 1, and that includes the promoter region (base 336 to 553 of SEQ ID NO: 1).

Among A, B, and C regions in the upstream region of DR3, the methylation state in C region was found to be

different between healthy subjects and RA patients. Specifically, in samples obtained from the peripheral blood lymphocytes and the synovial cells, C region in the upstream region of DR3 had all of the CpC sequences unmethylated in the peripheral blood lymphocytes of healthy subjects. In RA patients, all of the CpC sequences were unmethylated in C region in samples obtained from the peripheral blood lymphocytes, whereas samples obtained from the synovial cells had both methylated and unmethylated CpC sequences in C region. That is, the samples from the synovial cells had a stronger methylation state than samples obtained from the peripheral blood lymphocytes.

A determining kit of the present invention takes advantage of these findings, and determines development of RA or the likelihood of developing RA by comparing samples obtained from the synovial cells and peripheral blood lymphocytes of subjects, wherein the comparison is made in regard to the methylation state between C region of DR3 gene (or a region including the promoter region) obtained from the synovial cells and the promoter region of DR3 gene obtained from the peripheral blood lymphocytes.

The determining kit includes methylation-specific primers and unmethylation-specific primers for determining the presence or absence of methylated cytosines. These primers are not particularly limited as long as they can amplify at least part of the promoter region of DR3 gene to determine the presence or absence of methylated cytosines in at least part of the polynucleotide constituting the promoter region.

As used herein, the "unmethylation-specific primers" refers to oligonucleotide primers that are designed to specifically anneal with the DR3 promoter region including CpG sequences. More specifically, the unmethylation-specific primers are primers in which all the cytosines (C) in the promoter region have been converted to thymines (T).

As used herein, the "methylation-specific primers" refers to oligonucleotide primers that are designed to specifically anneal with the DR3 promoter region including CpG sequences. More specifically, the methylation-specific primers are oligonucleotide primers in which all the cytosines (C) in the promoter region have been converted to thymines (T) except in the CpG sequences.

By being designed this way, the methylation-specific

primers can specifically anneal (complement) with the promoter region containing the methylated CpG sequences. Preferably, the forward primers and reverse primers are both designed to specifically anneal with the promoter region containing the methylated CpG sequences.

One specific example of the unmethylation-specific primers are oligonucleotide primers that are designed for CpG sequence regions that exist in the promoter region of DR3 gene, and in which all the cytosines (C) in the promoter region have been converted to thymines (T).

One specific example of the methylation-specific primers are oligonucleotide primers that are designed for CpG sequence regions that exist in the promoter region of DR3 gene, and in which all the cytosines (C) in the promoter region have been converted to thymines (T) except in the CpG sequences.

More specifically, the methylation-specific primers and the unmethylation-specific primers may be designed so that the region with the methylated CpG sequences and the region without the methylated CpG sequences from base 374 to 564 of the base sequence set forth in SEQ ID NO: 1 can be respectively amplified by these primers. Specific examples of the methylation-specific primers are:

Forward primer (MF3): GTTTATTG GTTGTTCGT  
TGTC (SEQ ID NO: 2)

Reverse primer (MR3): CGTACTCTCT ACCCGTCGTA A  
(SEQ ID NO: 3).

A specific example of the unmethylation-specific primers is:

Forward primer (UF3): TTTATTGGT TTGTTGTTG  
TTGTT (SEQ ID NO: 4)

Reverse primer (UR3): ACTCCATACT CTCTACCCAT  
CATAA (SEQ ID NO: 5).

The following describes the procedures by which a determining kit of the present invention is used to perform the method for determining development of RA or the likelihood of developing RA.

#### (1) DNA Converting Step

The DR3 promoter region obtained from subjects according to known methods is first subjected to the DNA converting step. In this step, only the unmethylated cytosines in the CpG sequences of the promoter region are converted to uracils.

In the DNA converting step, the DR3 promoter region is treated with a bisulfite-containing reagent to convert unmethylated cytosines to uracils in the CpG sequences of

the promoter region. Specific methods or conditions are not particularly limited.

In the DNA converting step, unmethylated cytosines in the CpG sequences are converted to uracils by the bisulfite treatment. Since the bisulfite treatment has no effect on methylated cytosines, the presence or absence of methylated cytosines in the CpG sequences can be determined based on whether the bisulfite treatment has converted cytosines to uracils. That is, even with the DNA of the same base sequence, the presence or absence of methylation causes changes in the base sequence by the bisulfite treatment.

Alternatively, the base sequences after the bisulfite treatment may be sequences and the presence or absence of methylation in the CpG sequences can be detected based on differences in the base sequences. This is known as a bisulfite genome sequencing method.

The "bisulfite-containing reagent" is not particularly limited as long as it contains conventionally known bisulfite. A preferable example is sodium bisulfite ( $\text{NaHSO}_3$ ). Further, a bisulfite compound and urea may be used together.

The DR3 gene promoter region used for the detection



of methylation is obtained from the genomic DNA extracted from the human synovial cells or human peripheral blood lymphocytes.

## (2) DNA Amplifying Step

The DNA fragments of the promoter region subjected to the bisulfite treatment in the DNA converting step are amplified by the DNA amplifying step.

In the DNA amplifying step, the DNA fragments obtained in the DNA converting step are amplified by polymerase chain reaction (PCR). The methylation-specific primers are used for the DNA fragments in which unmethylated cytosines have been converted to uracils, and the unmethylation-specific primers are used for the DNA fragments that have retained methylated cytosines without conversion. Specific methods and conditions are not particularly limited.

In the DNA amplifying step, whether cytosines in the CpG sequences have been converted to uracils is determined by PCR using the methylation-specific primers of the determining kit. The methylation-specific primers specifically anneal (complement) with the CpG-containing DNA fragments (hereinafter "methylated CpG-containing DNA") that have retained the cytosines in the CpG

sequences without conversion by the bisulfite treatment. Thus, PCR using the methylation-specific primers specifically amplifies DNA fragments that include methylated CpG sequences. As the methylation-specific primers, the foregoing MF3 and MR3 may be used.

The CpG-containing DNA fragments (hereinafter "unmethylated CpG-containing DNA") that have converted cytosines in the CpG sequences to uracils by the bisulfite treatment do not anneal with the methylation-specific primers, and are not amplified by the methylation-specific primers.

For this reason, the DNA amplifying step includes another amplifying step in which the CpG-containing DNA that has converted methylated cytosines to uracils in the DNA converting step is amplified by PCR using the unmethylation-specific primers.

PCR using the unmethylation-specific primers amplifies unmethylated CpG-containing DNA but do not amplify methylated CpG-containing DNA. As the unmethylation-specific primers, the foregoing UF3 and UR3 may be used.

By checking whether the PCR using the methylation-specific primers and unmethylation-specific

primers has amplified DNA samples, the presence or absence of methylated cytosines in the CpG sequences can be detected.

In the case where a single DNA fragment includes methylated cytosines and unmethylated cytosines, the DNA fragment is amplified by both PCR using the methylation-specific primers and PCR using the unmethylation-specific primers.

As used herein, "polymerase chain reaction" means PCR commonly known in the art. Specific methods and conditions are not particularly limited.

### (3) Methylation Detecting Step

A method for determining development of RA or the likelihood of developing RA according to the present invention further includes a methylation-detecting step. The methylation-detecting step detects whether the DNA amplifying step has amplified the CpG-containing DNA fragments (i.e., DR3 promoter region). Specific methods and conditions are not particularly limited.

PCR using the methylation-specific oligonucleotide primers is used to detect whether the CpG-containing DNA fragments have been amplified. In this way, the presence or absence of methylated cytosines in the base sequence

of the CpG-containing DNA can be detected both conveniently and quickly, with good sensitivity.

Specifically, detection can be made, for example, by labeling the primers with fluorescent labels, biotin labels, DIG labels, or radioisotope labels, or by performing gel electrophoresis, real time PCR, capillary electrophoresis, fragment analysis, or immunostaining. Any device and method can be used for the detection.

#### (4) Comparing Step

A method for determining development of RA or the likelihood of developing RA according to the present invention further includes a comparing step. The comparing step compares the DR3 gene promoter regions between samples obtained from the synovial cells and samples obtained from the peripheral blood lymphocytes, wherein the comparison is made in regard to the methylation state as detected in the methylation detecting step. Based on the result of comparison, determination is made as to development of RA or the likelihood of developing RA.

For example, a subject is deemed to have developed RA or have the likelihood of developing RA when the comparing step finds that the DR3 gene promoter region

collected from the synovial cells is more strongly methylated than the DR3 gene promoter region collected from the peripheral blood lymphocytes.

In place of the comparing step, the determining method of the present invention may include a confirming step of confirming that the DR3 gene promoter region collected from the synovial cells is strongly methylated. In the confirming step, the state of methylation in the DR3 gene promoter region collected from the synovial cells can be detected by the method used for this purpose in the methylation-detecting step. A subject can be deemed to have developed RA or have the likelihood of developing RA when the detection of methylation state finds that the DR3 promoter region collected from the synovial cells is strongly methylated. As used herein, "strongly methylated" refers to the state in which 70% or greater than 70% of the CpG sequences in the polynucleotide are methylated.

In this way, the DR3 gene promoter regions obtained from subjects can be used to determine whether the subjects have developed RA or have the likelihood of developing RA.

A determining kit of the present invention is not particularly limited as long as it includes at least the

methylation-specific primers and the unmethylation-specific primers. However, for improved convenience, the determining kit preferably includes a bisulfite reagent for converting unmethylated cytosines to uracils in the CpG sequences of the subject's promoter region.

More preferably, the kit also includes PCR reagents, which can be selected from conventionally available reagents used for PCR.

As described above, a determining kit according to the present invention can be used to conveniently and easily perform the method for determining development of RA or the likelihood of developing RA.

#### [4] RA medicament of the Present Invention

A RA medicament according to the present invention includes DR3 gene that has a promoter region, with unmethylated CpG sequences, in a polynucleotide of the present invention. More specifically, A medicament according to the present invention includes DR3 gene that has a promoter region in part of the base sequence of SEQ ID NO: 1, wherein the promoter region includes allele-specific methylation in CpG sequences located from -380 bp to -180 bp, and is unmethylated for all of the

CpG sequences in a region downstream of -180 bp, relative to the translation initiation point of DR3.

The medicament is particularly suited for RA patients whose DR3 gene has a strongly methylated promoter region.

As will be described later in Example, RA patients and healthy subjects have the same methylation state in the DR3 promoter region originating in the peripheral blood lymphocytes; however, the methylation state is different between RA patients and healthy subjects in samples originating in the synovial cells. This suggests that, in order for DR3 gene to function properly, it may be necessary for the DR3 gene promoter region in the synovial cells to be methylated. A medicament of the present invention is therefore preferably administered to the synovial cells of RA patients.

The following will describe the present invention in more detail by way of Example. It should be appreciated that the present invention is not limited in any way by the following description, but may be altered in a variety of ways. Further, the present invention is not limited to the description of the embodiments above, but may be altered by a person ordinary skill in the art within the scope of

the claims. An embodiment based on a proper combination of technical means disclosed in different embodiments is encompassed in the technical scope of the present invention.

[Example]

The MSP method was used to detect a methylation state in the upstream region of the translation initiation point of DR3 gene contained in the DNA obtained from the human peripheral blood lymphocytes and human synovial cells. The following describes the methods and the results.

(1) Detection of Methylation State by MSP Method

First, the peripheral blood lymphocytes and synovial cells were collected from healthy subjects and RA patients according to conventional methods. After bisulfite treatment, detection was made on methylation state of the CpG sequences contained in the base sequence in the upstream region of DR gene in each sample, using the MSP method described in the foregoing embodiment.

Specific procedures and reagents used for the bisulfite treatment are as follows:

- (1) Add NaOH (denature DNA into a single strand)
- (2) Allow the sample to stand for 30 minutes at 37°C
- (3) Add sodium bisulfite ( $\text{NaHSO}_3$ )/hydroquinone



(C<sub>6</sub>H<sub>6</sub>O<sub>2</sub>) (pH 5.0) to initiate sulfonation and deamination

- (4) Leave the sample in dark for 20 hours at 55°C
- (5) Desalination with Wizard DNA Clean-up System (desulfonation)
- (6) Add NaOH (alkali treatment)
- (7) Allow the sample to stand for 10 minutes at 37°C
- (8) Add ammonium acetate/EtOH, invert to mix, and precipitate with ethanol
- (9) Dissolve in distilled water (completion of bisulfite DNA)

For the amplification of A, B, and C regions, the following methylation-specific primers and unmethylation-specific primers were used.

Methylation-specific primers for A region:

Forward primer (MF1):

TTGATTTTAA GTGTTTCGTT CGTT (SEQ ID NO: 6)

Reverse primer (MR1):

AAACGCTAAA CTACCTACTA CGACC (SEQ ID NO: 7)

Unmethylation-specific primer for A region:

Forward primer (UF1):

GATTTTAAGT GTTTTGTGTTG TT (SEQ ID NO: 8)

Reverse primer (UR1):

AACACTAAAC TACCTACTAC AACC (SEQ ID NO: 9)

Methylation-specific primer for B region:

Forward primer (MF2):

GTAGTAGGTA GTTTAGCGTT TCGC (SEQ ID NO: 10)

Reverse primer (MR2):

CAAATACCCC CTCTACTCGA C (SEQ ID NO: 11)

Unmethylation-specific primer for B region:

Forward primer (UF2):

TAGTAGGTAG TTTAGTGTTT TGTGT (SEQ ID NO: 12)

Reverse primer (UR2):

ACCAAATACC CCCTCTACTC AAC (SEQ ID NO: 13)

Methylation-specific primer for C region:

Forward primer (MF3):

GTTTTATTTG GTTTGTTCGT TGTC (SEQ ID NO: 2)

Reverse primer (MR3):

CGTACTCTCT ACCCGTCGTA A (SEQ ID NO: 3)

Unmethylation-specific primer for C region:

Forward primer (UF3):

TTTATTTGGT TTGTTTGTTG TTGTT (SEQ ID NO: 4)

Reverse primer (UR3):

ACTCCATACT CTCTACCCAT CATAA (SEQ ID NO: 5)

PCR was performed with the following cycling parameters: one cycle consisting of 10 minutes at 95°C;

40 cycles consisting of 1 minute at 55°C, and 1 minute at 72°C; and one cycle consisting of 5 minutes at 72°C.

In the detection of methylation performed in this Example, each DNA fragment amplified in the DNA amplifying step is subjected to polyacrylamide gel electrophoresis to confirm the methylation state of the CpG sequences.

Figures 3(a) and 3(b), and Figure 4 show the results. Figures 3(a) and 3(b) show the result of confirming the methylation state in A, B, and C regions, wherein Figure 3(a) is the result for the DR3 upstream region originating in the peripheral blood lymphocytes of RA patients, and Figure 3(b) is the result for the DR3 upstream region originating in the synovial cells of RA patients. Figure 4 shows the result of confirming the methylation state in A, B, and C regions, with regard to the DR3 gene upstream region originating in the peripheral blood lymphocytes of healthy patients. In the results of gel electrophoresis shown in the figures, lanes under "U" indicate amplified fragments resulting from the DNA amplification performed with the unmethylation-specific primers, and lanes under "M" indicate amplified fragments resulting from the DNA amplification performed with the methylation-specific

primers.

As shown in these figures, all of the CpG sequences in A region were methylated in all samples. In B region, all samples had both unmethylated and methylated CpG sequences. In C region (promoter region of DR3 gene), unmethylated and methylated CpG sequences coexisted only in samples originating in the synovial cells of RA patients, and all of the CpG sequences were unmethylated in the other samples.

These results suggest that allele-specific methylation occurs in the promoter region of DR3 gene. In RA patients, the DR3 promoter region originating in the synovial cells had a stronger methylation state than the DR3 promoter region originating in the peripheral blood lymphocytes.

The foregoing results also suggest that DR3 gene may be an imprint gene in which one of the alleles is not expressed, and that imprinting of DR3 gene is involved in the mechanism of RA development.

Figure 5 shows results of methylation detection performed according to the foregoing method. The detection was made in the upstream region of DR3 gene in samples collected from the synovial cells, synovial cell fluid lymphocytes, and joint fluid lymphocytes of RA

patients. Figure 5(a) shows the result for A region in the DR3 gene upstream region, Figure 5(b) shows the result for B region in the DR3 gene upstream region, and Figure 5(c) shows the result for C region in the DR3 gene upstream region. In Figures 5(a) through 5(c), the numbers 1 to 3 in circles indicate gene originating in the synovial cells, gene originating in the synovial cell fluid lymphocytes, and gene originating in the joint fluid lymphocytes, respectively.

As shown in Figures 5(a) and 5(b), A region and B region had the same result in samples obtained from the synovial cells, synovial infiltrating lymphocytes, and lymphocytes in the joint fluid. In C region shown in Figure 5(c), both methylation and unmethylation occurred in DR3 gene obtained from the synovial cells, whereas only unmethylation was observed in DR3 genes obtained from the synovial infiltrating lymphocytes and the lymphocytes in the joint fluid.

These results suggest that the methylation state in C region may be specific not to the inflammation site of RA, but to synovial tissues.

The number of samples was increased and the methylation state in the upstream region of DR3 gene

originating in the peripheral blood lymphocytes of healthy subjects and the synovial cells of RA patients was studied again by the MSP method. The results are shown in Figure 6. Figure 6(a) is a table showing a result on DR3 gene originating in the peripheral blood lymphocytes of healthy subjects, and Figure 6(b) is a table showing a result on DR3 gene originating in the synovial cells of RA patients. As shown in Figure 6, the methylation state in C region differed greatly between DR3 gene originating in the peripheral blood lymphocytes of healthy subjects and the synovial cells of RA patients.

## (2) Detection of Methylation State by Bisulfite Genomic Sequencing Method

The methylation state in the upstream region of DR3 gene originating in the peripheral blood lymphocytes of healthy subjects and the synovial cells of RA patients was analyzed using the bisulfite genomic sequencing method. The bisulfite genomic sequencing method was performed according to the procedures described in the publication referenced above.

The results are shown in Figure 7. Figure 7(a) shows the result of detection of methylation state in the upstream region of DR3 gene originating in the peripheral

blood lymphocytes of healthy subjects. Figure 7(b) shows the result of detection of methylation state in the upstream region of DR3 gene originating in the synovial cells of RA patients.

As shown in Figure 7(a), the DR3 gene samples originating in the peripheral blood lymphocytes of healthy subjects showed methylation in A region, methylation and unmethylation in B region, and unmethylation in C region. The DR3 gene samples originating in the synovial cells of RA patients showed methylation in A region, methylation and unmethylation in B region, and methylation and unmethylation in C region, as shown in Figure 7(b). These results coincide with those of the MSP method used in Section (1) above.

#### [INDUSTRIAL APPLICABILITY]

A polynucleotide according to the present invention can advantageously be used to elucidate the mechanism of RA development. With the present invention, whether a subject has developed RA or has the likelihood of developing RA can be determined both accurately and conveniently. The present invention is therefore potentially very useful in the treatment and prevention of RA.

#### [BRIEF DESCRIPTION OF THE DRAWINGS]

[Fig. 1]

Figure 1 is a diagram showing a base sequence of a polynucleotide according to the present invention.

[Fig. 2]

Figure 2 is a diagram schematically illustrating a structure of the polynucleotide comprised of the base sequence of Figure 1.

[Fig. 3]

Figures 3 are diagrams showing results of polyacrylamide gel electrophoresis, performed according to the MSP method described in Example, on DNA fragments that were obtained in the upstream region of DR3 genes and amplified in a DNA amplifying step. Figure 3(a) is a diagram showing a result of polyacrylamide gel electrophoresis performed on DNA fragments that were obtained in the upstream region of DR3 gene originating in the peripheral blood lymphocytes of RA patients. Figure 3(b) is a diagram showing a result of polyacrylamide gel electrophoresis performed on DNA fragments that were obtained in the upstream region of DR3 gene originating in the synovial cells of RA patients.

[Fig. 4]

Figure 4 is a diagram showing results of



polyacrylamide gel electrophoresis, performed according to the MSP method described in Example, on DNA fragments that were obtained in the upstream region of DR3 gene originating in the peripheral blood lymphocytes of healthy subjects and amplified in a DNA amplifying step.

[Fig. 5]

Figures 5 are diagrams showing results of polyacrylamide gel electrophoresis, performed according to the MSP method described in Example, on DNA fragments that were obtained in the upstream region of DR3 genes and amplified in a DNA amplifying step. Figure 5(a) is a diagram showing a result of polyacrylamide gel electrophoresis performed on DNA fragments that were obtained in A region in the upstream region of DR3 gene. Figure 5(b) is a diagram showing a result of polyacrylamide gel electrophoresis performed on DNA fragments that were obtained in B region in the upstream region of DR3 gene. Figure 5(c) is a diagram showing a result of polyacrylamide gel electrophoresis performed on DNA fragments that were obtained in C region in the upstream region of DR3 gene. In Figures 5(a) to 5(c), the numbers 1 to 3 in circles indicate gene originating in the synovial cells, gene originating in the synovial cell fluid

lymphocytes, and gene originating in joint fluid lymphocytes, respectively.

[Fig. 6]

Figures 6 are tables showing results of investigation performed according to the MSP method described in Example and in regard to the methylation state in the upstream region of each of DR3 genes originating in the peripheral blood lymphocytes (PBMC) of healthy subjects and the synovial cells (SAC) of RA patients. Figure 6(a) is a table showing results of investigation performed on DR3 gene originating in the peripheral blood lymphocytes (PBMC) of healthy subjects. Figure 6(b) is a table showing results of investigation performed on DR3 gene originating in the synovial cells (SAC) of RA patients.

[Fig. 7]

Figure 7(a) is a diagram showing results of detection, performed according to the bisulfite genomic sequencing method described in Example, in regard to the methylation state in the upstream region of DR3 gene originating in the peripheral blood lymphocytes of healthy subjects. Figure 7(b) is a diagram showing results of detection, performed according to the bisulfite genomic sequencing method described in Example, in regard to the

methylation state in the upstream region of DR3 gene originating in the synovial cells of RA patients.

[TITLE OF THE DOCUMENT]      ABSTRACT

[ABSTRACT]

[OBJECT]

The present invention provides (i) a polynucleotide that is useful for revealing the onset mechanism of human rheumatoid arthritis, and (ii) a kit and method for accurately determining development of human RA or the likelihood of developing human RA.

[MEANS TO ACHIEVE THE OBJECT]

Analysis is made on the DNA methylation of the region (including a promoter region) upstream from the translation initiation point of a rheumatoid arthritis-associated gene DR3 in human genome. As a result, it is found out that an allele-specific methylation occurs in a CpG sequence located about -380 to -180 bp upstream from translation initiation point (ATG) of the gene DR3. It is further found out that the CpG sequences downstream therefrom of the genes DR3 originating in healthy subjects are all in the unmethylated state, while methylated and unmethylated sequences are both observed in the genes DR3 originating in RA patients.

[SELECTED DRAWINGS]      Fig. 1